**ESL Level 3-4**

**PE Article Review** (20 points)

**Directions:** Choose one (1) of the articles related to your unit.

**Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Teacher**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  **Pd**\_\_\_\_\_\_

**Article Title:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Use your own words to **summarize** the main idea. You must write at least **3** sentences. (5pts.)
2. What are **your thoughts and/or opinions** about the article and subject? Write 2 sentences. (3 pts.)
3. How can the information in the article **help** **you**, or any person, **be healthy in life**? Write 2 sentences. (3 pts.)
4. **Explain** what type of fitness is in the article (Examples: cardiovascular/muscular endurance, muscular strength, body composition or flexibility). Write **2** specific examples from the article. (3 pts.)
5. Using the article, **List 3 examples** of how the article teaches communication, listening, and teamwork. Write a **different** example for each idea. (5 pts.)