

Demonstrate Success in Physical Education

Appropriate Dress for PE = Athletic shorts/sweats, sneakers with laces that tie, t-shirt with sleeves, and no dangly jewelry.



Positive Attitude = Appropriate language, good sportsmanship, no complaining.

Respect = No rude comments, not talking while teacher is talking, using equipment properly.

Following Directions = Staying on task, not leaving class early, staying in your assigned area, paying attention.

Physical Education Staff

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Ms. Karen Fry ksfry@cdschools.org 717-541-1662 x. 470

Class Expectations

1. Students will be given **four minutes** after the tardy bell rings and **five minutes** at the end of class to change clothes.
2. No gum chewing is allowed in class and no food or drink is to be consumed in the gym or locker room areas.
3. All students will remain in the locker room until the bell rings to end the period and they are dismissed.
4. Any injuries or emergencies must be reported to the teacher during the class period so the proper action can be taken.
5. No student may ever leave the class, gym or locker room areas without permission from the teacher.
6. No cell phones, Ipods or other electronic devices are permitted and will be confiscated if they are in class. Please bring a lock to secure your valuables.
7. Directions must be followed the first time they are given.
8. Abuse, destruction or misuse of physical education equipment will not be tolerated. Obscene language, gestures, harassment or disrespect will not be tolerated and submitted for disciple referrals.
9. Once class begins, no student will be allowed back into the locker room without permission from the teacher. Students who are called for an early dismissal will need to wait until the end of the period to get into the locker room. If you have an early dismissal during class, notify your teacher at the START of class and take all belongings with you from the locker room. **YOU WILL NOT GET IN EARLY!**
10. All students will take responsible for their belongings, bring a lock to class and use it to lock their valuables every class period. **ALL LOCKS WILL BE CUT OFF EACH NIGHT!**

Grading

1. Students will be given a daily 10 points participation grade. See the participation rubric for evaluation standards. Participation is worth **80%** of the students marking period grade.
2. Students will receive unit packets to complete as homework for each unit. Packets are worth **20%** of the students marking period grade. Packets will NOT be accepted late.

Make up work in a timely manner

1. A student well enough to be in school is generally well enough to be dressed and participating in class. Any exception to this will be handled on an individual basis.
2. A note from a parent is required to excuse a student due to injury or illness. A maximum of two parents notes will be accepted per marking period.
3. Any student who is absent from physical education will receive a zero and will be required to make-up the points to get credit for class(es) missed. Students will have two weeks to make up the class they missed and must complete the PE Make-Up form and return it to their teacher prior to the due date.
4. Students who are ill or injured for an extended period of time are required to obtain a medical excuse from their physician and turn it into the school nurse. If greater than 60% of physical education classes are excused for the marking period a grade of "M" (medical) will be received for the marking period. If less then 60% of classes are excused the student will receive a grade based on the classes in which they were able to participate.

Physical Education Contract

*****Return this to your Phys Ed by September 9th, 2011*****

Student Commitment:

- *I will follow all rules set forth by my school and teacher.
- *I will commit to working my hardest in class and at home to apply the knowledge I'm learning.
- *I will seek advice from my teacher when I am unsure or have a question.
- *I will keep my parents informed of my grade and participation in class.
- *I will take responsibility for finding out what I miss when I am absent and making it up.
- *I have learned how to "Demonstrate Success in Physical Education" and will abide by class rules and expectations.

Student Signature: _____ **Date:** _____

Parent/Guardian Commitment:

- *I will support my child in reaching her full potential in physical education class.
- *I have reviewed with my child how to "Demonstrate Success in Physical Education" and am aware of the course expectations.
- *I will help and encourage my child to be physical active in the non-school hours.
- *I will use the Home Access Center to keep up to date with my Childs progress in class and contact the teacher if I have questions regarding my child's status.

Parent/Guardian Signature: _____ **Date:** _____

Contact Email: _____

Contact #: _____